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HISTORY AND ART

**TRIESTE AND
SURROUNDINGS**



↑ Miramare Castle.

Trieste is the most **international** city in the region, suspended between a Hapsburg past as “**little Vienna by the sea**” and a present as a cosmopolitan city. From the **hill of San Giusto** with its **cathedral** of the same name and its **Roman remains**, you can go down to the **medieval town** and reach **Piazza Unità d'Italia**, the most symbolic of the city's squares and a perfect synthesis of the city's simultaneously Mitteleuropean and Mediterranean history and soul. Near the square, visitors will see a number of monumental palaces, the Greek Orthodox Church of **San Nicolò** and the Serbian Orthodox Church of **San Spiridione**, witnesses of the happy coexistence of different religions, and the **Canal Grande**, at the centre of the district built at the behest of Maria Theresa of Austria. Opposite the square is the pier called **Molo Audace** and, in the distance, the white tower of Miramare Castle, once the residence of Archduke Ferdinand Maximilian of Habsburg and his wife Charlotte of Belgium. More recent history, a dark period characterised by numerous horrific events, can be explored following a **thematic itinerary** that includes visits to the **Risiera di San Sabba** (Italy's only concentration camp in World War Two), the underground air raid shelters of **Kleine Berlin**, the **Foiba di Basovizza** (a pothole used as a site of war crimes) and the Padriciano Refugee Collection Centre (used for Italian refugees fleeing Tito's Yugoslavia after the war).



Trieste is also the **city of coffee**. A free port for importing coffee since the eighteenth century, Trieste is still the most important arrival point in the Mediterranean-

an for this traffic. But coffee in Trieste is also synonymous with literature: there are numerous and beautiful literary cafes, historic locations with a retrocharm

which in the past were frequented by great authors such as **James Joyce**, **Italo Svevo** and **Umberto Saba** and are still today very much loved by writers and intellectuals.



Trieste is also a **city of science and knowledge**, renowned internationally for the excellence of its scientific system thanks to over 30 research centres in the area. These are universities, institutes and laboratories that devote themselves to state-of-the-art research with the help of long-standing international collaborations. Many of them open their doors each year to schools, offering guided tours and educational activities

- ↗ Caffè degli Specchi.
- ↖ The telescope at the Astronomical Observatory of Trieste.
- ➡ Ponterosso with a statue of James Joyce.

TOP MUSEUMS: JOYCE MUSEUM

The **Joyce Museum in Trieste**, founded with the aim of establishing the most comprehensive and important **centre for Joyce studies** in Italy, **brings together and preserves original materials and documents from the**

period spent by Joyce in Trieste and provides expert assistance – in Italian and English – to all those wishing to study the work and stature of the Irish writer. The Joyce Museum is equipped with a modern library with the

various editions of his works, critical instruments in various languages, and a complete collection of the world's leading magazines relevant to Joyce, as well as multimedia and video.



FURTHER INFORMATION:

Joyce Museum

Via Madonna del Mare 13 - 2nd floor - TS

TEL. +39 040 6758183

FAX +39 040 6758199

www.museojoycetrieste.it

museojoyce@comune.trieste.it



FURTHER INFORMATION:

Svevo Museum
 Via Madonna del Mare 13 - 2nd floor - TS
 TEL. +39 040 6758183
 FAX +39 040 6758199
www.museojoycetrieste.it
museojoyce@comune.trieste.it

SVEVO MUSEUM

The Svevo Museum of Trieste is a centre for the documentation and study of the life and work of the Triestine writer Italo Svevo (1861 - 1928). The **museum preserves autograph manuscripts, his rich correspondence, various original editions of Svevo's**

books annotated by the author himself, family photographs, and some personal objects (a bookcase, a violin, a gold pen) that once belonged to the novelist.

The Svevo Museum is divided into three sections including,

respectively, the writer's personal books, the Italian editions and the translations of his work, critical analyses, articles and reviews. The Svevo Museum also strives to increase awareness of Svevo's work through thematic initiatives and exhibitions.

ALINARI IMAGE MUSEUM



More than a museum of photography, this is a museum of images created by the world's oldest photographic company, Alinari. A museum to be enjoyed as a great laboratory in which it is the images that speak.

High-resolution screens, video projectors and immersive glasses, a gadget destined to evolve and improve over time, are used to explore the traditional prints and objects from a recent past. The Museum is divided into three main sections, which can be used in a traditional manner: an area dedicated to analogue, interactive and immersive photography.

The heart of the museum, the digital era, is an immersive space,

where images and sets are displayed or projected and where it is possible to be carried away by the theme of the exhibition and, like in a cinema of images, enjoy hundreds of artists' photos.

FURTHER INFORMATION:

Alinari Image Museum

Castello di San Giusto di Trieste,
piazza della Cattedrale 3 - TS
info@imagemuseum.eu
www.alinari.imagemuseum.eu

◀ Svevo.

⬆ Alinari Museum.

UDINE AND SURROUNDINGS



↑ Tiepolo, Diocesan Museum, Tiepolo Galleries

It might be said that, after Venice, Udine was the second home of **Giambattista Tiepolo**, one of the greatest Venetian painters of the eighteenth century. A thematic itinerary dedicated to him includes a visit to the Duomo, to the cycle of frescoes in the **Galleria del Palazzo Patriarcale**, today the Diocesan Museum and, to finish, to the **Oratorio della Purità** where he worked with the assistance of his son, Giandomenico.

AQUILEIA



An ancient metropolis of the Roman Empire, the **UNESCO World Heritage Site** preserves an archaeological area of exceptional importance. Visitors can see the **ruins of the Roman Forum, a necropolis, private houses with mosaic floors and the imposing structures of the old river port**. Do not miss the splendid Basilica of Santa Maria Assunta, where you can admire the **largest** mosaic floor in the Western Christian world,

a key milestone in the history of European art.

The **National Archaeological Museum**, the most important in northern Italy for the richness of its Roman collections, preserves some precious finds: engraved **gems**, skilfully crafted **amber**, glassware in a wide range of splendid colours, finely chased **gold**, imposing and refined **sculptures and mosaics**.




CIVIDALE DEL FRIULI

A **UNESCO** World Heritage Site since 2011, the town was founded by Julius Caesar with the name of Forum Julii, whence derives the name of Friuli. In AD 568, it became the seat of the first **Longobard duchy in Italy** and later, for several centuries, the residence of the Patriarchs of Aquileia. Even today, Cividale still has some **significant Longobard sites**, the most important of which is the *Tempietto* or Temple, one of the most extraordinary and mysterious early medieval structures in the West. The Archaeological Museum, which houses a very large section devoted to the Longobards, also offers a variety of thematic visits and educational workshops for schools of all levels.



PALMANOVA

A fortress town designed and constructed by the Most Serene Republic of Venice to defend its eastern borders from foreign invasion, it is a **masterpiece of military architecture** and the model of an ideal Renaissance city. Unique in its kind, it has the regular shape of a nine-pointed star and a central piazza on which the three access routes converge from monumental gates.

-  Aquileia.
-  Longobard Temple - Cividale del Friuli.
-  Palmanova.



LIVE FRECCIE TRICOLORI

Did you know that the performances of the Frecce Tricolori, appreciated throughout the world, are prepared with daily training sessions in the skies of Friuli Venezia Giulia? Yes, the pilots train at the Rivolto Air Base, the headquarters of the PAN –

Pattuglia Acrobatica Nazionale (National Acrobatic Patrol) –, a few kilometres from Udine.

The base is available for group tours by bus with prior booking direct or via the visits organised by PromoTurismoFVG in collaboration with the Italian Airforce.

FURTHER INFORMATION:

Rivolto Air Base
Via Udine, 56 - Rivolto UD
TEL. +39 0432 902166
FAX +39 0432 902178
pan@aeronautica.difesa.it
www.aeronautica.difesa.it/Pan

TOP MUSEUMS: "VITTORIO PODRECCA - TEATRO DELLE MERAVIGLIE DI MARIA SIGNORELLI" INTERNATIONAL CENTRE



↑ *Vittorio Podrecca
International Centre.*

FURTHER INFORMATION:

**Centro Internazionale
"Vittorio Podrecca - Teatro delle
Meraviglie di Maria Signorelli"**
Via Monastero Maggiore n. 38
Cividale del Friuli
Biglietteria Monastero
TEL. + 39 0432 700867
www.cividale.net
cips@cividale.net

In an exhibition space that is unique in Europe, the innovative layout tells the story of the century-old "Compagnia dei Piccoli", a world-famous puppet company founded by Vittorio Podrecca, born in Cividale del Friuli, who was the greatest Italian impresario and director of a puppet company. In the same space it is also possible to admire some examples from

the collection dedicated to Maria Signorelli, an artist, intellectual and great collector, which contains more than 2,000 puppets, Sicilian and Neapolitan marionettes, sets, theatres and figurines of Oriental theatre, all of which are now protected by the Ministry of Culture and date from the eighteenth to twentieth century.

CID - TORVISCOSA INFORMATION CENTRE

Torviscosa's CID is the ideal starting point for discovering the unusual **history of this small town founded in the 1930s** and of the industry for which it was the basis.

The building was built in the early 1960s by SNIA Viscosa as a venue for exhibitions: its function was to present the most important Italian textile

firm to visiting delegations from abroad. The CID still has the enormous **models showing the plants that SNIA Viscosa had at the time in Italy and abroad**. The rest of the exhibition presents the Italian context of the thirties, illustrating the urban character of the other newly-founded towns of the period and tells the story of Torviscosa itself.

FURTHER INFORMATION:

CID

Centro Informazione
Documentazione

Piazzale Marinotti 1
33050 Torviscosa (UD)

TEL. +39 0431 929589
www.cid-torviscosa.it

cultura@com-torviscosa.regione.fvg.it

↓ CID - Torviscosa.



PORDENONE AND SURROUNDINGS



↑ Corso Vittorio Emanuele - Palazzo Ricchieri.

Pordenone is nicknamed the painted city thanks to the many frescoed buildings that can be admired along the avenue that crosses the historic centre: the palace of the Comune, with its original Gothic forms, the former monastery of San Francesco and the homes of wealthy families of the past, some of which now dedicated to culture and art. Giovanni Antonio de Sacchis, better known as “**Il Pordenone**”, a great Mannerist painter, is represented here by some splendid paintings in the Duomo of San Marco and in the fine Civic Art Museum housed in Palazzo Ricchieri.



SPILIMBERGO

Spilimbergo is known internationally as the “city of mosaic” and is indeed the capital of this art in Friuli Venezia Giulia, with a mosaic school that is a leading institution of its kind and renowned throughout the world. The prestigious **Scuola Mosaicisti del Friuli** (Mosaic School of Friuli) is famed and advanced both in terms of working techniques and in the materials used.

↑ Mosaic School - Spilimbergo.

VAJONT DAM

Nestling in the spectacular scenery of the Friulian Dolomites, the Vajont dam bears witness both to the ingenuity and, at the same time, the arrogance of man in the face of nature. It was constructed despite warnings of geological instability to provide electricity for the nearby valleys by exploiting the waters of the Vajont torrent, but on 9 October, 1963, a landslide thundered down from the mountain above into the reservoir created by the dam. The resulting wave devastated the towns of Erto, Casso and Longarone causing thousands of casualties. Today, the visit to the dam, a concrete wall 261.60 metres high and still intact, offers a beautiful and terrifying scene that is truly breathtaking. With its empty houses, the nearby village of Erto bears witness to the enormity of the tragedy.



↑ Vajont dam. 21

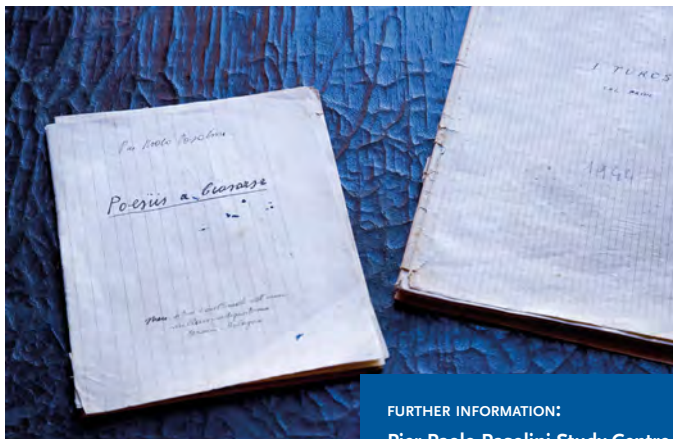
TOP MUSEUMS: PIER PAOLO PASOLINI STUDY CENTRE

↓ Pasolini Museum.

The Pier Paolo Pasolini Study Centre hosts a permanent exhibition divided into thematic rooms covering the Friulian period of Pier Paolo Pasolini.

It is possible to admire the paintings and ink drawings made during the years spent in Casarsa, and the political posters that were usually pinned beneath the old Loggia of San Giovanni.

The exhibition is rounded off with a fine section of photographs of Pasolini and his family, and another section devoted to the schooling and literary activity of the Friulian years.



In addition to the museum section, the centre has a specialised library and archive.

FURTHER INFORMATION:

Pier Paolo Pasolini Study Centre
Via G. Pasolini 4
Casarsa della Delizia - PN
TEL. +39 0434 870593
FAX +39 0434 870593

MUSEUM OF METALWORKING AND KNIFE-MAKING

Housed in a former and appropriately restored knife-making factory, the Museum of Metalworking and Knife-making doc-

uments the working of steel in the workshops of the area and the technological evolution that developed over time.

It is divided into three sections through which you will be able to discover the significant phases in the history of working metal: the creation of the anvil, the development of workshops within the blacksmith's home (eighteenth century), the first industrial plant in the early twentieth century.



FURTHER INFORMATION:

Museum of Metalworking and Knife-making
Via Maestri del Lavoro, 1
Maniago - PN
TEL. +39 0427 709063
FAX +39 0427 707202
www.comune.maniago.pn.it
coricama@maniago.it

↑ Metalworking Museum.

GORIZIA AND SURROUNDINGS

GORIZIA



Much loved in the past by the Habsburg aristocracy for its **gardens** and mild climate, it was known as the “**Nice of Austria**”. Later linked to the events of the Great War, Gorizia today maintains an authentic **border atmosphere** that reflects the fact that it lies at the crossroads of Europe’s Latin, Slav and German cultures. Here, **in 2004, the last wall between Western and Eastern Europe fell**: in **Piazza Transalpina**, there used to be a high border fence between the two states, **today** indicated merely by a **row of stone tiles** that can be crossed with **one foot in Italy and the other in Slovenia!**

MEDEA - ARA PACIS MUNDI

At **Medea**, just a few kilometres from Gorizia, stands the **Ara Pacis Mundi** monument, erected in 1951 as a symbol of the sacrifice made to the nation, but also as a gesture for a world of **peace, freedom and justice**.

Within, a hypogeum contains a wooden and bronze urn bearing the inscription "*Odium parit mortem, vitam progignit amor*"

("Hate produces death, love generates life").

The urn contains soil from the **800 Italian and foreign war cemeteries in Italy**, to which has been added soil from other parts of the world, and **800 cases containing soil from every front and from internment and extermination camps, as well as jars of seawater collected at**

the points in the Mediterranean, Ionian, Tyrrhenian and Adriatic seas where ships of different nations were sunk and where thousands of sailors were killed. Everything is enclosed within a **sealed amphora in the urn**, symbolising the pain and destruction that is shared by victors and vanquished alike in every war.



TOP MUSEUMS: MONFALCONE SHIPBUILDING MUSEUM - MUCA



↑ MUCA - Monfalcone.

The MuCa is located on the ground floor of the **former Villaggio di Panzano Workers' Hostel**, the “company town” that grew around the yard in the 1920s and relates the history

of the shipbuilding yard and of the town in an exhibition that uses period accounts and documents to explore over a century of history using contemporary language and the latest multimedia technologies. The only museum in Italy dedicated specifically to shipbuilding and its impact on the territory, MuCa is part of the museums group of Monfalcone, a ‘scattered’ mu-

seum that directly involves the territory and includes a series of outdoor trails in the Villaggio di Panzano and the Visitor Centre in via Pisani 28, an information and exhibition site opened in 2011 in the area of the old shops in the workers’ quarter.

FURTHER INFORMATION:

Museum of the Shipyard of Monfalcone - MuCa
via del Mercato 3 -
Panzano, Monfalcone
www.mucamonfalcone.it
info@mucamonfalcone.it

THE GREAT WAR IN FRIULI VENICE GIULIA

FRIULI VENEZIA GIULIA: A VAST OPEN-AIR MUSEUM OF THE FIRST WORLD WAR

On the Karst uplands, Italians and Austro-Hungarians unleashed **twelve battles between 1915 and 1917**, in which hundreds of thousands of men lost their lives or their freedom in trenches dug in the bare limestone rock of the Karst or among the slopes of the foothills of the Julian Alps. Not so well-known but equally dramatic were the various high-altitude battles amid the peaks of the **Julian and Carnic Alps** and during the retreat following the **defeat of Caporetto**. Places such as the **Ermada, San Michele, Calvario and Sabotino** hills soon became notorious for

these tragic events. Gorizia, an Austro-Hungarian city before the war, became a symbol for public opinion, especially when it became Italian in August 1916. Udine was instead dubbed “the war capital”, since it was the town closest to the front.

All of these events can now be rediscovered thanks to the **open-air museums** and the **Great War routes**, exciting excursions in the midst of stunning natural landscapes where you can **relive the experiences and the lives of the soldiers**. Like a century ago, you can walk

along the trenches, admire the military constructions and visit the battlegrounds. The sites offer a fascinating journey into the past that does not stop here but continues with a visit to the innumerable **monuments, memorials, ossuaries and war cemeteries** devoted to the victims of this gigantic conflict.

Various towns and villages also have **interesting museums** devoted to the Great War and to their territories, and there are also **military forts** built to defend the borders at the beginning of the twentieth century.

↓ *Pal Piccolo.*



TRIESTE AND THE SURROUNDING KARST


Here you can discover the open-air museum of Monte Ermada with its fascinating Austro-Hungarian fortifications. You can see natural **caves** used as **first-aid posts** and **ammunition dumps**, the **craters** caused by shelling, **walkways** and **trenches** excavated by the soldiers.

And there is more to remind us of these events: on the Karst, the Austro-Hungarian **cemeteries** recall the soldiers who fell on this front while in Trieste the **museums** and countless **monuments** still celebrate the transfer of the city to Italy at the end of the war.

GORIZIA, THE ISONTINO KARST AND THE COLLIO

The Isonzo karst was the main front in the war between Italians and Austro-Hungarians: no less than eleven battles took place before the decisive Twelfth Battle of the Isonzo river that led to the defeat of Caporetto.

In the heights behind **Monfalcone** and on the Sei Busi, San Michele, Calvario and **Sabotino** hills today you can explore this important piece of history. And just a few kilometres away, there are other important sites associated with the Great War, including the memorials of Redipuglia and Oslavia, the Ara Pacis Mundi at Medea and the Colle Sant'Elia.

 *Monte San Michele,
trench and memorial.*



CIVIDALE AND THE NATISONE VALLEYS

Along today's border with Slovenia, it is possible to visit the Kolovrat "Third Italian Defensive Line" open-air museum where one can admire the Italian lines that were overwhelmed in October 1917 by the brilliant actions of the young German

lieutenant Erwin Rommel, the future "Desert fox". During the First World War, Cividale del Friuli lay first in the rear lines but then became the theatre of the first attempt to stop the Austro-German advance.

UDINE, THE REAR LINES OF FRIULI AND THE PORDENONE AREA

Between 1915 and 1917, the plains of Friuli had been transformed into the gigantic rear lines of the Italian army. Military barracks were built in many small villages for the troops, together with field hospitals, laundries, cemeteries and places for

entertainment after the trials of the front. This area saw the presence of such figures as **Gabriele D'Annunzio** and **Giuseppe Ungaretti** (who mentioned Santa Maria la Longa, Mariano del Friuli and Campolongo al Torre in his poems). At the centre of all stood **Udine**, dubbed the "capital of the Great War".

Everything changed with the **defeat of Caporetto**: hundreds of thousands of soldiers and civilians escaped to the Veneto and all Friuli was occupied for more than a year by the Austro-Hungarian

army that settled in Pozzuolo del Friuli, Mortegliano, Latisanotta and Ragogna, where one can visit an outdoor museum that offers four itineraries dedicated to the tragic days of late October 1917. Even what is today the province of Pordenone, which had hitherto remained untouched by war, became the theatre of the Italian retreat and Austro-German advance.

In this area, vestiges of the period include the war cemetery of Val de Ros and the Austro-Hungarian ossuary of Pordenone.



JULIAN ALPS

From the first days after war broke out, the two armies took up positions opposite each other across the entire alpine range: thousands of men with equipment that was anything but technological managed to build extraordinary military works at altitude.

This is what happened too on the Julian Alps, along what used

to be the border between Italy and Austria-Hungary amidst the peaks that divide the **Val Dogna** from **Val Canale**.

There are many itineraries to visit the infrastructure built over a century ago for the transport of men, animals and materials along roads, paths, tunnels and cable cars. There are also cemeteries where Austro-Hungarian

and Italian soldiers were laid to rest, museums and, above all, forts and military outposts built by both countries.

In the area of **Malborghetto** and the **Predil Lake** (Tarvisio) visitors can admire the Austro-Hungarian ones, while in Val Resia and in the area of **Chiusaforte** there are the Italian fortifications.

📍 *Monte Ercole.*







CARNIA

Carnia lies in the northern part of Friuli Venezia Giulia close to the border with Austria. The Mauria Pass, where the Tagliamento river is born, leads from the Friuli plains to the Dolomites near Belluno, while the Monte Croce Carnico Pass is today one of the main routes between Friuli Venezia Giulia and Carinthia in Austria. Both the Italian and

the Austro-Hungarian high commands saw this pass as one of the crucial points of the whole front.

The **Freikofel** (or **Cuelàt**) and **Pal Piccolo** open-air museums offer itineraries in the midst of nature and reveal the remains of barracks, casemates and vast systems of trenches at high altitude.

In the valley, instead, in the small village of Timau (near Paluzza), one can visit an interesting museum, an ossuary, and discover the fascinating history of Maria Plozner Mentil and bearers from the Carnia region, silent protagonists of the Great War.

-  *Open-air museum, Freikofel.*
-  *Sagrado, trenches.*

TOP MUSEUMS: MUSEUM OF THE GREAT WAR - GORIZIA



The Museum of the Great War of Gorizia is housed in the cellars of the sixteenth-century **Dornberg and Tasso houses in Borgo Castello**. In addition to the varied collection of the

material on display in the nine rooms, this museum also gives **a taste of life in the trenches**, with a full-scale reconstruction of one, accompanied by the deafening noise of the war.

The rooms give the opportunity of discovering **objects, memorabilia and uniforms** of Italian and Austro-Hungarian soldiers found in the towns and surrounding areas as well as various models that help to illustrate the situation at the time in

Gorizia and on the surrounding hills, particularly on the Calvario and Sabotino hills. One room is also dedicated to General Armando Diaz. On display are **documents, medals and other objects** which, together with the archive, constitute the **Diaz Holdings** in the possession of the Provincial Museums of Gorizia. The layout continues in the educational room where the honours General Diaz received during his career are on show.

FURTHER INFORMATION:

Musei Provinciali
Borgo Castello, 13 - GO
TEL. +39 0481 533926 /
+39 0481 530382
musei@provincia.gorizia.it
didattica@provincia.gorizia.it
(for information regarding guided
tours and trench tours)

MULTIMEDIA MUSEUM OF THE GREAT WAR - REDIPUGLIA

The Multimedia Museum of the Great War is located within the

former railway station of Fogliano Redipuglia and is unique of its kind in Italy. The **vicissitudes of the conflict** are described by “exploiting” the **power of images** and the emotions that only photographs can convey thanks also to the accurate augmented reality reconstructions. The interactive visit can be followed using one’s smartphone (via the QR code or NFC

chip) or by following the story narrated by six characters who, thanks to the augmented reality, **come to life and interact with the visitor**: a **Red Cross nurse**, an **Italian infantryman**, an **ardito** (special force trooper), an **Austrian soldier**, a **member of the alpine troops** and the **Duke of Aosta** (the latter made even more real by the use of the original voice).

FURTHER INFORMATION:

Ufficio I.A.T. Redipuglia
Informazioni e Accoglienza Turistica
Via Terza Armata, 37
Fogliano Redipuglia - GO
TEL. +39 0481 489139
CELL. +39 346 1761913
info@prolocofoglianoredipuglia.it

DIEGO HENRIQUEZ WAR MUSEUM FOR PEACE - TRIESTE

The Diego De Henriquez War Museum for peace is named after the historian who devoted his entire life seeking out war-time rarities, and displays a collection comprising articles from the First and Second World Wars; in some cases, these are unique and truly extraordinary items.

On display are **uniforms, models of naval ships, military health items**, archive documents, books and iconographic materials. The museum also includes **heavy and light motorised vehicles for both military and civilian use**, and artillery pieces.



FURTHER INFORMATION:

Civico Museo della Guerra
per la Pace Diego De Henriquez
Via Cumano 22/24 - Trieste
TEL. +39 040 6754699
museodehenriquez@comune.trieste.it
www.museodiegoehenriquez.it

NATURE, SPORT AND OUTDOOR ACTIVITIES

VAL ROSANDRA REGIONAL NATURE RESERVE

Just a few kilometres from Trieste, on the border with Slovenia, the Karst plateau is cut by a deep valley, the **Val Rosandra**, through which runs the **only watercourse above ground in the whole of the Triestine Karst**: the Rosandra torrent.

The **Visitor Centre at Bagnoli** is

the starting point for discovering the nature of the reserve and for school visits.

Numerous paths allow you to discover not only the beauties of nature here but also **prehistoric and Roman archaeological sites** (including a Roman aqueduct) and many local products, such as the olive oil made from the

pressing of an autochthonous variety of olives called “bianchera”.

↓ Val Rosandra.



FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 040 8329237
info@valrosandra-glinscica.it
www.riservavalrosandra-glinscica.it

THE PROTECTED MARINE RESERVE OF MIRAMARE

This is the only marine reserve in Friuli Venezia Giulia. It is located at the foot of the promontory of Miramare, the site of the famous Habsburg Castle, and is an oasis of biodiversity. Many activities can be undertaken in the sea along the protected coastline of the Marina Area. These include **snorkelling** or

diving with breathing apparatus along a shallow stretch of sea along the cliff of the castle, just a few metres from the shore. Miramare is part of the **WWF Educational Centres** network and is included as an **Experience Centre** in the national INFEA Education System. The educational department of the

Marine Reserve offers **activities for schools of all levels** (from primary to secondary) combining classic methods of environmental analysis (environmental parameter survey, fauna and flora sampling, long-time processing, etc.) with more playful and entertaining approaches.



FURTHER INFORMATION AND RESERVATIONS:

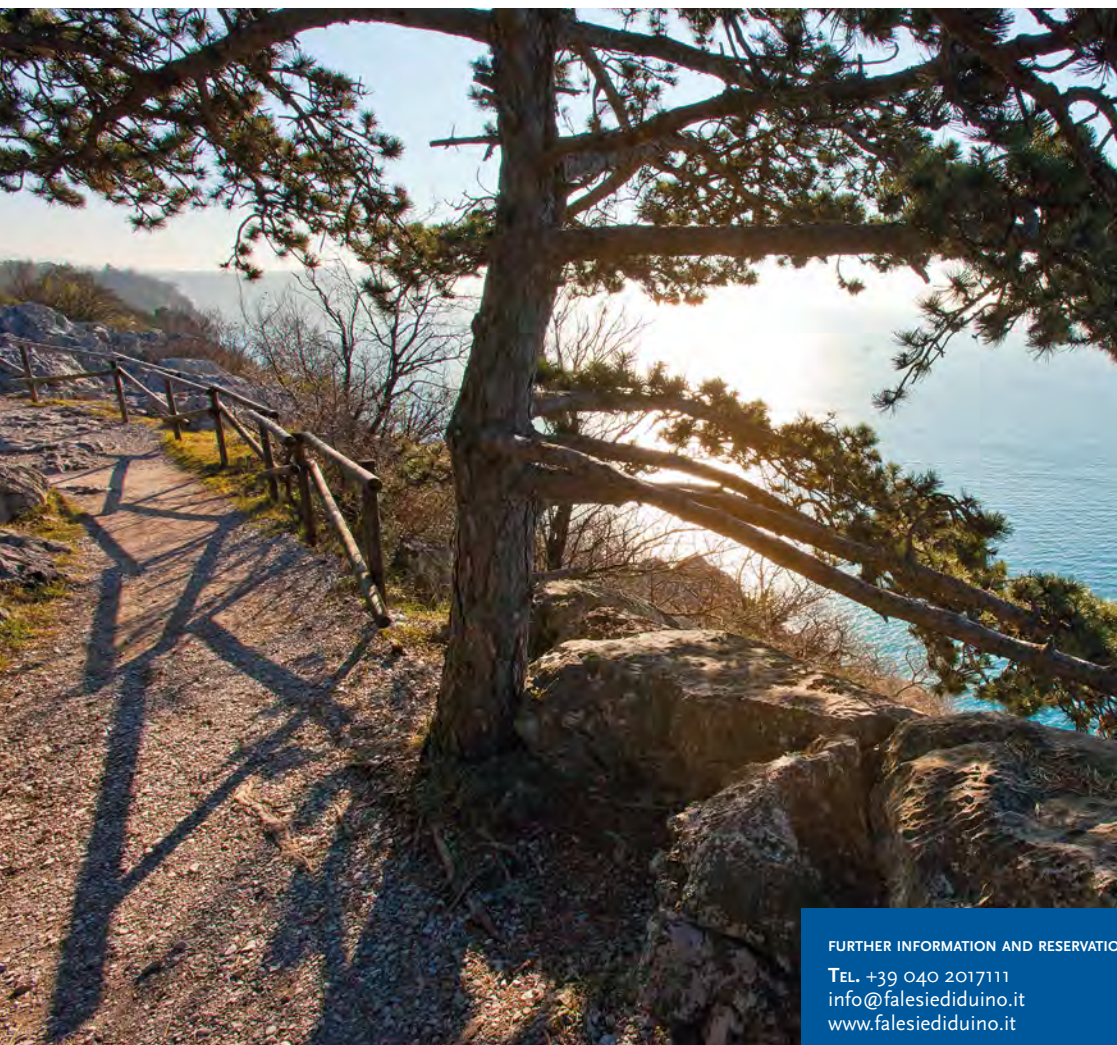
TEL. +39 040 224147 interno 3
info@riservamarinamiramare.it
www.riservadimiramare.it

THE DUINO CLIFFS REGIONAL NATURE RESERVE AND RILKE PATH

The reserve stretches along a narrow strip a short distance from Trieste and features a landscape of rare beauty with white limestone cliffs overhanging the sea. The path named after the Bohemian poet **Rainer Maria Rilke** is about 1700 metres long and provides access to the reserve from Sistiana or

Duino. The trail allows you to admire the morphology of the rocks and the richness of the protected flora and fauna. It is also easy to observe many **karst phenomena**, resulting from the erosion caused by water on the limestone rocks; these features include **limestone pavements, grooves and small pools**. If you

are lucky you can also see peregrine falcons, an endangered species that has found refuge in the most inaccessible areas of the crags.



FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 040 2017111
info@falesiediduino.it
www.falesiediduino.it

REGIONAL NATURE RESERVE OF THE DOBERDÒ AND PIETRAROSSA LAKES

Located in the western part of the **Gorizian Karst**, this reserve

is of great naturalistic interest, thanks above all to the presence of the lakes of Doberdo and Pietrarossa, the only two karst lakes in the region, which are fed by water from the aquifers below ground. At the Gradina Visitor Centre one can visit the

history and nature museum dedicated to the history, culture, plants, animals and conservation aspects of the Karst region. For schools of every level, the reserve's staff can offer many ways to discover and study the Karst in all its aspects.

FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 0481 784111

CELL. +39 333 4056800

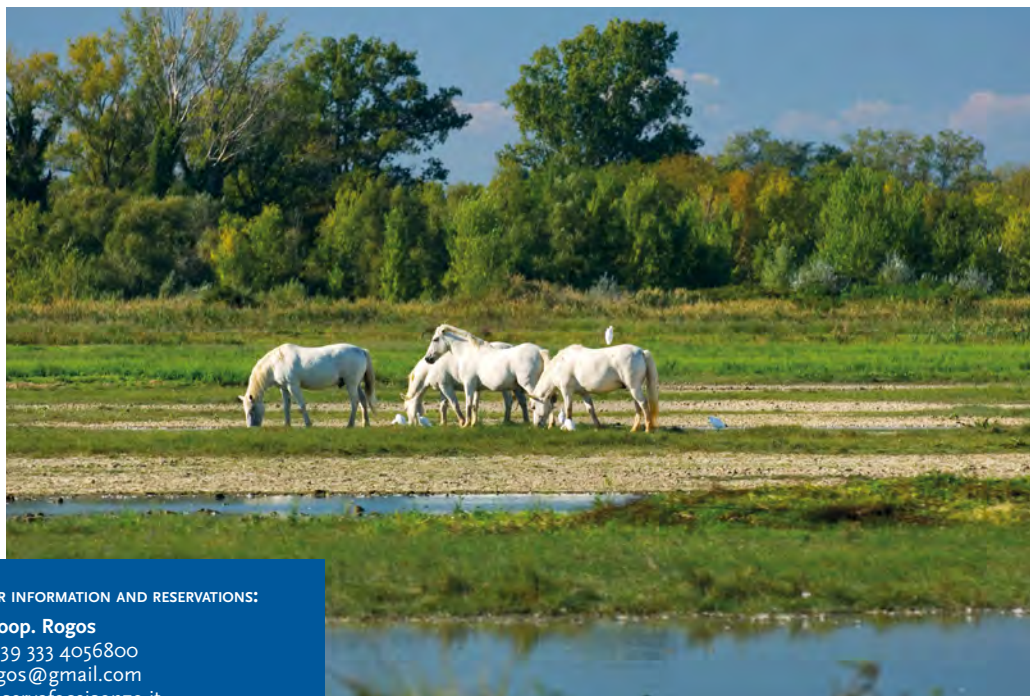
www.riservanaturalegradina.it

'FOCI DELL'ISONZO' REGIONAL NATURE RESERVE

This is the largest nature reserve in Friuli Venezia Giulia and an important site for the conservation of biodiversity. Since 2015, the Isola della Cona has been the headquarters of the **Scuola provinciale dell'acqua "GoH2o"**, broadening the ed-

ucational programmes offered with a series of workshops dedicated to water in which, with the help of modern microscopes, analysis kits and nets, the pupil becomes the protagonist of new discoveries. Among the activities to be done in the open air is

"Exploring the Isola della Cona on horseback", a unique experience during which children can learn about the biology, ecology and care of the white Camargue horses, as well as information concerning the proper management of natural habitats.



FURTHER INFORMATION AND RESERVATIONS:

Soc. Coop. Rogos

CELL. +39 333 4056800

inforogos@gmail.com

www.riservafoceisonzo.it





"VALLE CANAL NOVO" AND "FOCI DELLO STELLA" REGIONAL NATURE RESERVES

An extraordinary territory that is half firm land and half sea, the **Lagoon of Marano**, together with that of Grado, represents the northernmost lagoon of the Adriatic.

Valle Canal Novo Nature Reserve is an important pilot centre at a national level for environmental interpretation, education and conservation, and was created in the area formerly used as a fish farm. For schools, it is a perfect **"environmental gym"** where knowledge of biological elements and natural processes takes place through direct observation (for example, through birdwatching) and practical feedback in the field (eg, the work-

shop in the lagoon aquarium), with interactive involvement and sensory experiences (eg. workshop: the land of senses... playing with touch, taste, smell and hearing for a sensory approach to the environment). To get to know the lagoon environment, the casoni fishing huts and to come close to the rich bird life, it is also possible to take to the water, with a **boat tour**.

FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 0432 67551
riservenaturali@maranoinforma.it
www.maranoinforma.it



'LAGO DI CORNINO' REGIONAL NATURE RESERVE

The reserve extends between the rocky walls of the Monte Prat plateau and the bed of the Tagliamento river, which give it some unique natural features and a high biodiversity. The Reserve is the seat of the **"Griffin Project"**, which aims to re-introduce the griffin vulture, which had disappeared from the skies of the Region in the early 1900s. Thanks to this initiative, one can often see more than a hundred griffins circling above the Reserve. The Reserve's Visitor Centre, with its museum and aviaries containing various

raptors, lends itself well to discovering not only the environmental and natural features of the area, but also the vultures of Europe. There are many activities that the Reserve can offer schools of all levels, such as the classic visit to the Reserve and on to the banks of Lake Cornino, or thematic educational workshops.

FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 0427 808526
centrovisite@riservacornino.it
www.riservacornino.it

'VALLE CAVANATA' REGIONAL NATURE RESERVE

Located on the eastern edge of the **lagoon of Grado**, it is important for its rich birdlife and is a wetland of international importance. It includes large brackish basins, tidal channels of varying depths and the mudbanks of the former fish farm. The coastline close to the lagoon mouth at Primero has a sandy tract, with woodland behind, as well as freshwater marshes bordered by

trees and wet meadows. In addition to the scientific research activities, the Educational Team of the Reserve, comprising biologists and naturalists, plans and implements educational activities for schools of every level, using interactive and multisensory techniques (such as the use of binoculars for the observation of bird species present, or simple experiments and

interactive games for a better understanding of bird feeding strategies and the various physical and chemical phenomena of sweet and saltwater) and a playful/exciting approach (trying to imitate the songs of some birds thanks to a fun multimedia game) enabling the discovery and study of the Reserve's wildlife.



FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 0431 88272

CELL. +39 340 4005752

TEL. +39 0431 898239

info.educazionecavanata@gmail.com

www.vallecavanata.it



↑ *Goriuda.*

REGIONAL NATURE PARK OF THE JULIAN FOOTHILLS

Looking north-east from the Friulian plains, you will see the Musi chain and the majestic massif of Monte Canin. It is a splendid sight, which invites one to discover a world of clear water, springs, caves and karst rocks, flora and fauna.

This is the world of the **Regional**

Nature Park of the Julian Foothills, which in every season offers a varied and unspoilt world that can be explored along the dozens of trails that are always well maintained or accompanied by a park guide, via one of the interesting guided hiking tours.

In addition, based on the valuable experience gained over the years, the Park offers a packed programme of environmental education directed at schools

through the “at school in the Park” project.

In the eastern sector of the southern Carnic Alps, the **Regional Nature Reserve of Val Alba** abuts the Julian Alps and foothills.

It features numerous paths and mule tracks that make for simple strolls or more demanding treks for more experienced walkers.

FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 0433 53534
info@parcoprealpigiulie.it
www.parcoprealpigiulie.it

REGIONAL NATURE PARK OF THE FRIULIAN DOLOMITES

Set within the vast area above the Friuli-Venetian uplands, the park is distinguished by the high level of wilderness characterising the extensive territory between the Tagliamento, Piave and Cellina rivers. Here stands the famous rock spire called the **Campanile di Val Montanaia**, a

climb sought after by climbers from all over the world.

In 2009, the territory of the Friulian Dolomites Nature Park became a Unesco World Heritage site, and thus recognised for its exceptional worth at a world-wide level. With the “At school in the park” service, the Friulian

Dolomites Nature Park **offers visits and educational, naturalistic and sports activities suitable for school groups of every level, some of which also for people with disabilities.**

↓ *Campanile di Val Montanaia.*



FURTHER INFORMATION AND RESERVATIONS:

TEL. +39 0427 87333
info@parcodolomitifriulane.it
www.parcodolomitifriulane.it

'FORRA DEL CELLINA' NATURE RESERVE

Managed by the Friulian Dolomites Park, this is a large **canyon**, one of the most spectacular in Italy, with vertical walls and imposing examples of river erosion. A unique experience the reserve offers is the **SKY WALK**: a pedestrian walkway that looks out

over the abyss. There are, however, several other paths offering a pleasant nature and didactic walk. The **old Valcellina road** is also accessible on foot, by bike or with a **trackless train**.

TO DISCOVER AND EXPERIENCE NATURE IN ALL ITS FORMS AND IN EVERY SEASON

- guided tours of parks, reserves and “lesser” protected areas
- hiking in all seasons, from coastal areas to forests
- cycle tours in nature
- underwater activities with fins and snorkel
- activities on water, such as canoeing.
- Workshops ranging in many fields of the natural sciences, playing to learn about and recognise the fauna and flora using techniques of **Woodland Education** and **Earth Education**.



FURTHER INFORMATION:

AIGAE - Associazione Italiana
Guide Ambientali ed Escursionistiche
TEL. +39 0426 1900917
segreteria@aigae.org

- **rock-climbing** on the most beautiful crags of the region. The routes are simple and particularly suitable for children of all ages taking their first steps in this activity. Climbing is also available at the numerous indoor climbing facilities on artificial walls, located in the Region.
- **excursions** in the mountains and in the Karst of Trieste and Gorizia, both in **summer** and in **winter**, including **overnight stays in mountain bothies and huts**. Winter also offers the opportunity to experience the exciting snow-covered routes in the mountains **using snowshoes**.
- **caves**: Grotta Verde, Grotta Azzurra and Grotta dell'Orso on the Karst around Trieste or the Grotta della Vecchia Diga near Pordenone.



FURTHER INFORMATION:

**Collegio Regionale
delle Guide Alpine del FVG**

TEL. +39 0433 2660

info@guidalpinedriuliveneziagiulia.it



↑ *Grotta Ermada.*

- gorges and canyons: along the Arzino and Cellina torrents in the province of Pordenone or along Rio Cornappo and Poschiadea Inferiore in the area of Udine
- introduction to **canyoning** along easy routes with jumps and shallow dives.

FURTHER INFORMATION:

Collegio Guide Speleologiche

CELL. +39 373 50 99 700

guidespeleo.fvg@gmail.com

www.guidespeleo.com

OUR MAIN SKI AREAS:

Piancavallo is the westernmost “ski” resort of the region

Forni di Sopra is located in the enchanting setting of the Friulian Dolomites

Ravascletto-Zoncolan lies in the magical mountains of Carnia

Sella Nevea links Italy and Slovenia by ski

Tarvisio is in the far north-eastern corner of Friuli Venezia Giulia.

The mountains of Friuli Venezia Giulia, including the Friulian Dolomites, the Carnic Alps and the

Julian Alps offers **well groomed** and **never-crowded slopes**, **programmed snow cover**, modern,

fast and safe lifts, in a splendid and uncontaminated natural environment.



This is an ideal place for an introduction to the various alpine sports under the professional guidance of the teachers and Ski Schools, which offer innovative educational programmes with entertaining and easily-learned methods. Among the activities offered for schools: group courses, competitive courses, end-of-season competitions, torchlit processions, lessons in downhill skiing, ski-mountaineering, cross-country skiing, snowboarding and telemark.

FURTHER INFORMATION AND RESERVATIONS:

Collegio Maestri di Sci Regione
Autonoma Friuli Venezia Giulia
e Associazione Scuole e Maestri
di Sci del Friuli Venezia Giulia
TEL. +39 0432.204142
info@amsi.fvg.it
collegio@maestriscifvg.it
www.maestriscifvg.it

BUT THE MOUNTAINS IN WINTER ARE NOT JUST FOR SKIING

The mountains in winter means: safety and correct behaviour on the slopes; physical activity, indispensable for a healthy lifestyle; healthy food; knowledge and respect for the environment, culture, history and local traditions.



There are many **activities** that schools can choose to accompany a period of of skiing:

- Dog sledding
- Winter nordic walking
- Excursions with snowshoes by day or night
- Orienteering with downhill or cross-country skis
- SAR using avalanche transceivers in avalanches and snowfields
- Snow tubing with artificial piste
- Igloo park
- Fat bike
- Ice skating
- Forest lore with or without snowshoes
- Outings at night with explanation of orienteering using the stars and constellations.



FVG'S ECOMUSEUMS

*The **ecomuseum** is not a building or a place, but is scattered throughout the territory whose features - **landscape, history, memory, languages, identities** - it seeks to highlight.*

"TERRITORIES. PEOPLE AND MEMORIES IN THE KARST AND ISONTINO" ECOMUSEUM

The Territories ecomuseum protects and promotes the **cultural heritage – both tangible and intangible – and environmental heritage** of the area concerned,

and namely all of the testimonies of the past and know-how inherited from past generations in order to promote their knowledge and transmission through

the active involvement of the inhabitants. It promotes research activities, educational projects, the documentation and cataloging of the material culture, of the environment and history of the territory. Through the collection of diaries, memories and interviews it preserves the cultural, historical and economic heritage of the territory between the Karst and the Isonzo river.



FURTHER INFORMATION:

Ecomuseo Territori.
Genti e memorie tra Carso e Isonzo
Piazza dell'Unità, 24
Ronchi dei Legionari
TEL. + 39 0481 774844
info@territori.it

'VAL DEL LAGO' ECOMUSEUM

The Val di Lago Ecomuseum concerns the territories of the three municipalities that gravitate around the **Lake of Cavazzo**, namely **Bordano, Cavazzo Carnico** and **Trasaghis**. There are two ecomuseum cells: the **Visitor Centre of the Botanical Park of Interneppo** is the point of refer-

ence for the promotional activities of the ecomuseum (there are permanent displays of birds' nests, rocks of the area and of the traditional fishing in the lake) and for educational activities, being inserted into an important environmental habitat containing a large part of the tree and plant species that can be found throughout the territory covered by the ecomuseum; the **Documentation centre on the territory**

and the local culture of Alesso, which promotes its primary vocation for the anthropological aspects of the ecomuseum initiative. With the realisation of this eco-museum, a coherent range of interventions undertaken in the past (acquisition of land, construction of structures and environmental reclamation) is highlighted and integrated into a coherent system enabling the sharing and convergence of intentions and interests in the social, cultural and economic field of the local communities, with a view to increasing awareness, understanding and respect for their own territory.

FURTHER INFORMATION:

Ecomuseo della Val del Lago
Via C. Caneva, 25 - Gemona del Friuli (UD)
TEL. +39 0432 971160 int. 26 - CELL. +39 335 7508330
www.ecomuseovaldellago.it
ecomuseovaldellago@gemonese.utifvg.it

'ACQUE DEL GEMONESE' ECOMUSEUM

The 'Acque del Gemonese' Ecomuseum covers the territory of a specific geographical feature, the Campo di Osoppo - Gemonna, which has a central position within the Region of Friuli Vene-

zia Giulia. It is an **alluvial plain** completely enclosed by the foothills of the mountains, cut on the west side by the Tagliamento river. A few metres below ground, there is a large system

of aquifers which, near the end of the moraine, rises to the surface in a **complex system of springs of great naturalistic interest**. A new land management model is implemented in this area with the eco-museum, which interprets, conserves and enhances the many **natural sites** (springs, lakes, torrents, rivers) and the **many signs of material and immaterial culture** (weirs, millraces, mills, wells, wash houses, but also customs of life and work, traditional knowledge, local productions); in the Gemonna district, these constitute a true system. The headquarters of the ecomuseum is the **Mulino Cocconi**, a public environmental education centre open to the public and schools.



FURTHER INFORMATION:

**Associazione CEA
Mulino Cocconi
Ecomuseo delle Acque**
Largo Beorcje, 12 - Borgo Molino
Gemonna del Friuli (UD)
TEL. +39 338 718 7227
www.ecomuseodelleacque.it
info@ecomuseodelleacque.it

'I MISTIRS' ECOMUSEUM

The 'I Mistirs' Ecomuseum was established to preserve and promote the heritage the forms the community today. The ecomuseum of Paularo focuses on the protection of ancient crafts and the **rediscovery of forgotten skills**. The work is identified as a link between the population and its territory. With educational activities in schools, the



ethnographic collections and workshops, the ecomuseum aims to **combine the culture of “knowing” with “know-how”**, highlighting the educational function of “work”. Visiting the

valley, it is possible to immerse oneself in the daily life of the past and learn ancient techniques through the use of original tools within an animated museum itinerary.

FURTHER INFORMATION:

Ecomuseo I Mistirs
www.ecomuseomistirs.it
info@ecomuseomistirs.it

'LIS AGANIS' ECOMUSEUM

The **Ecomuseum of the Friulan Dolomites - 'Lis Aganis'** is located on the territory of the Friulan Valleys and Dolomites. **Three**

themes define the routes and activities: water, stones and crafts. Along the paths one can see the signs of the past and discover the community's assets within about thirty thematic cells. The **cell** is the starting and reference point of the itinerary. It is a place where

everyone can live a special experience and emotion, participate in workshops, acquire knowledge and know-how, feel himself a protagonist of the territory to preserve and maintain the heritage of the local community. The **educational activity** is particularly important: this is planned and organised with the associated bodies and the teachers of the area, and includes workshops, itineraries to discover various aspects, days of training.



FURTHER INFORMATION:

Association of Lis Aganis
Ecomuseo delle Dolomiti Friulane
Via Maestri del Lavoro, 1
Maniago (PN)
TEL. +39 0427 764425
CELL. +39 393 9494762/3
www.ecomuseolisaganis.it
info@ecomuseolisaganis.it

'VAL RESIA' ECOMUSEUM

Val Resia, the seat of the Regional Nature Park of the Julian Foot-hills, is a beautiful alpine valley immersed in a wilderness still inhabited by a population that has succeeded in maintaining its language, culture and customs almost wholly intact over the course of time. The 'Val Resia' Ecomuseum is mainly a

collection of physical and cultural itineraries to follow with the body and mind in order to “explore” the valley, reach its most characteristic places and understand the essence of each of them, and the natural and human history of Resia and of the people who have always lived here. It takes the form of **six major trails** (The old glacier trail, The springs trail, The way to the mountain meadows, The way to table, The taste trail and The

music trail) that lead to a number of significant sites. While walking along the itineraries, hikers will come across a **clearly identifiable signpost**, where they can read useful information about the features of the site.

FURTHER INFORMATION:

Comune di Resia
Via Roma 21 - Prato - Resia UD
TEL. +39 0433 53001
www.ecomuseovalresia.it
ecomuseo@com-resia.regione.fvg.it

TEACHING FARMS AND CARE FARMS IN FVG

To learn about the rural world, its culture, its traditions and activities, the life of animals, the origin of products through an experiential, interactive and enjoyable approach with regard to the issues of quality food, aware consumption, sustainable development and the environment.

An open-air teaching laboratory: the educator is the farmer himself, who conveys the “soul” of his work, its meaning, and even its tiring nature. The FVG teaching farms are proper farms structured, trained and organised to receive school groups.

They offer young people the opportunity to discover nature and the territory through agricultural activities and its products, with a material, active and enjoyable approach.

They regain and strengthen the existing bond between the products of the earth, their origin and production techniques, helping to foster proper and healthy nutrition.

They bring the urban world closer to the rural world, to its culture, traditions and crafts. They suggest an alternative way of life, in harmony with the cycles of nature.

They propose itineraries and educational workshops to work alongside and support school educators in the fields of nutritional culture and sensorial and environmental education.

Teaching farms take on the sta-

tus of Care Farms when they extend their services to people who suffer from forms of psychological, physical or social fragility or disablement, or to

socially disadvantaged groups, through the provision of educational, cultural and supporting services for families and institutions.



FURTHER INFORMATION:

**ERSA - Agenzia regionale
per lo sviluppo rurale
Servizio promozione,
statistica agraria e marketing**
TEL. +39 0481 386249
ersa@ersa.fvg.it

Europa

Italia

Regione
Friuli Venezia Giulia



HOW TO GET HERE

BY CAR

Motorways

A4 Turin - Trieste

A23 Palmanova - Udine- Tarvisio

A28 Portogruaro - Conegliano

BY AIR

Trieste Airport

40 km from Trieste and Udine

15 km from Gorizia

80 km from Pordenone

www.aeroporto.fvg.it

BY TRAIN

www.trenitalia.it

Call Center 89.20.21

